

COMPETITION INFORMATION SHEET

Event: scottishathletics National Cross Country Championships

NATIONAL

Venue: Callendar Park, Falkirk, FK1 1YR

Registration: Registration Marquee, Callendar House, Callendar Park, Falkirk, FK1 1YR

Date: Saturday 26th February 2022

| Race | Age Group | BORN DURING | | Declarations | | Team Scoring | Distance (approx) |
|------------------------------|-----------|---------------|------------|--------------|-------------|--------------|-------------------|
| | | | | Close | Race Starts | | |
| Under 13 Girls | U13 | 01/09/2008 to | 31/08/2010 | 1030hrs | 1100hrs | 4 | 3.2km |
| Under 13 Boys | U13 | 01/09/2008 to | 31/08/2010 | 1046hrs | 1116hrs | 4 | 3.2km |
| Under 15 Girls | U15 | 01/09/2006 to | 31/08/2008 | 1102hrs | 1132hrs | 4 | 4.3km |
| Under 15 Boys | U15 | 01/09/2006 to | 31/08/2008 | 1123hrs | 1153hrs | 4 | 4.3km |
| Under 17 Men | U17 | 01/09/2004 to | 31/08/2006 | 1145hrs | 1215hrs | 4 | 6.2km |
| Under 17 Women | U17 | 01/09/2004 to | 31/08/2006 | 1150hrs | 1220hrs | 3 | 6.2km |
| Senior Women | SW | BORN BEFORE | 31/08/2001 | 1225hrs | 1255hrs | 6 | 10km |
| U20 Men | U20 | 01/09/2001 to | 31/08/2004 | 1320hrs | 1350hrs | 4 | 6.8km |
| U20 Women | U20 | 01/09/2001 to | 31/08/2004 | 1325hrs | 1355hrs | 3 | 6.8km |
| Senior Men inc Non Binary | | BORN BEFORE | 31/08/2001 | 1400hrs | 1430hrs | 6 | 10km |

Entries Close MIDNIGHT on: **Thursday 10th February**

NO LATE ENTRIES

email address: events@scottishathletics.org.uk

Bank Details: RBS, Sort Code: 83-19-04 Acc No 00667222

Important Notes

- (1) These Championships will be recorded and timed by CHIPS attached to athletes shoe laces. All athletes must wear a CHIP and number pinned to their club vest. Under 20 and Under 17 Women will wear a YELLOW number on their front.
- (2) These Championships will be timed using a disposable CHIP system, there is no requirement to return used CHIPS at the end of the race.
- (3) Clubs entering are asked to provide two marshalls to assist on the course. Names and contact details for the marshals should be emailed no later than Wednesday 18th February to alex@runningresults.co.uk
- (4) All athletes who compete in the championships MUST be current members of the scottishathletics Membership Scheme and be eligible to compete. As per UKA Rule G2 (21)
- (5) Location map and final instructions will be available on www.scottishathletics.org.uk
- (6) Competitors MUST wear their club colours in all events.
- (8) Rules relating to students in Full time education in Scotland are applicable.
- (9) By entering all athletes agree that photographs and/or video footage may be taken and used for PR/Marketing purposes.
- (10) Club entries must ensure that entrants are medically fit to compete, have no medical issues or disability that would endanger themselves or others by taking part (and will not run if unfit to do so on the day).
- (11) Any athlete with Additional Support Needs should contact scottishathletics for an athlete assistance form.

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